

## Section 12

### Next steps

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At the end of each PEEK study, CCDR identifies three key areas that, if improved, would significantly increase the quality of life and/or the ability for individuals to better manage their own health.

In relation to this community, these three areas are:

**Information:** People with lung cancer need more information about what to expect in general about their condition, what treatments and support are available to them, and more detailed information about side effects and management of side effects. To help with earlier detection and reduced stigma, community awareness is needed about the symptoms of lung cancer and dispelling myths that only smokers get lung cancer.

**Care coordination:** There is a need for better access and coordination of healthcare services, better access to specialist nurses, and allied health. (This group has poor quality of life: symptoms and side effects, anxiety and depression. Only about 30% had counselling or psychological support, and 30% a lung cancer nurse)

**Costs:** The biggest cost for people in this study was having to make changes to their employment status. Initiatives that support people with lung cancer who want to continue working to do so and support for those who are unable to work and may have reduced income causing hardship or become isolated.

## 2023 PEEK study in lung cancer

Data collected in this PEEK study also provides a basis on which future interventions and public health initiatives can be based. Some of the 2023 metrics that the sector can work together to improve upon are provided in Table 12.1

**Table 12.1 Lung cancer 2023 Metrics**

Measure	Detail	Mean	Median
Baseline health (SF36)	Physical functioning	70.00	70.00
	Role functioning/physical	0.00	0.00
	Role functioning/emotional	33.33	33.33
	Energy/Fatigue*	40.00	40.00
	Emotional well-being*	68.00	68.00
	Social functioning	62.50	62.50
	Pain*	57.50	57.50
	General health*	40.00	40.00
Knowledge of condition and treatments (Partners in Health)	Health change	50.00	50.00
	Knowledge	25.15	28.00
	Coping*	15.89	16.00
	Recognition and management of symptoms*	19.89	20.00
	Adherence to treatment	13.41	15.00
Care coordination scale	Total score	74.33	78.00
	Communication*	34.30	32.00
	Navigation*	23.37	25.00
	Total score*	57.67	56.00
	Care coordination global measure	5.96	6.00
Fear of progression	Quality of care global measure	6.81	8.00
	Total score*	37.70	39.00
		<b>Percent</b>	
Accessed My Health Record	-	35.48	-
Participants that had discussions about biomarkers/genetic tests	-	44.83	-