

## **Section 12**

### **Next steps**

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At the end of each PEEK study, CCDR identifies three key areas that, if improved, would significantly increase the quality of life and/or the ability for individuals to better manage their own health.

In relation to this community, these three areas are:

- 1. Community awareness: Raise community awareness about bladder cancer, the risks, symptoms, and what it is like for someone to live with bladder cancer**
- 2. Information: A guide to treatment options by stage, a list of centres that perform specialised surgical techniques such as robotic surgery or neobladders, with prompt lists available for patients to drive questions for clinicians**
- 3. Support: Holistic support for the side effects and symptoms of bladder cancer, in particular mental and emotional support from when diagnosed, sexual function, incontinence, and stoma management**

## 2022 PEEK study in DISEASE

Data collected in this PEEK study also provides a basis on which future interventions and public health initiatives can be based. Some of the 2022 metrics that the sector can work together to improve upon are provided in Table 12.1

**Table 12.1 Bladder cancer 2022 Metrics**

Measure	Detail	2022 results		2018 results	
		Mean	Median	Mean	Median
Baseline health (SF36)	Physical functioning	78.96	85.00	66.30	70.00
	Role functioning/physical	56.25	50.00	49.00	50.00
	Role functioning/emotional	64.58	83.33	66.00	100.00
	Energy/fatigue	52.71	55.00	52.20	55.00
	Emotional well-being	66.92	68.00	70.67	70.00
	Social functioning	65.89	62.50	66.25	62.50
	Pain	71.51	77.50	73.65	78.75
	General health	56.35	60.00	54.70	55.00
	Health change	58.33	50.00	49.00	50.00
Knowledge of condition and treatments (Partners in Health)	Knowledge	25.62	27.00	25.06	26.00
	Coping	16.32	16.00	16.48	16.00
	Recognition and management of symptoms	19.87	21.00	20.04	20.00
	Adherence to treatment	13.34	14.00	13.76	15.00
	Total score	75.15	76.00	75.34	74.00
Care coordination scale	Communication	39.77	40.00	38.68	37.50
	Navigation	25.43	25.00	27.26	28.50
	Total score	65.19	68.00	65.94	64.50
	Care coordination global measure	7.09	8.00	7.36	8.00
	Quality of care global measure	7.85	8.00	8.24	9.00
Fear of progression	Total Score	32.87	31.00	29.32	29.00
		<b>Percent</b>		<b>Percent</b>	
Accessed My Health Record	-		-	10%	-
Participants that had discussions about biomarkers/genetic tests	-		-	8%	-